

# **Epidemiology and Response Division**

NEW MEXICO INFLUENZA SURVEILLANCE UPDATE from the Epidemiology and Response Division of the New Mexico Department of Health (NMDOH) Weekly Report ending February 26, 2005 Updated

## Summary of Influenza Activity in New Mexico for Week Ending February 26, 2005:

- Eighteen of the 18 sentinel sites reported a total of 5110 patient visits, of which 73(1.43%) were for an influenza-like illness<sup>1</sup>. The previous week ending February 19 reported 2.36 % influenza-like illness.
- NMDOH received reports of 96 patients with positive influenza (61 influenza A, 24 influenza B, 11 indistinguishable<sup>2</sup>) tests using rapid testing. There were 10 reports of positive influenza A culture, and 2 reports of influenza B culture.
- NMDOH reported the state influenza activity as "LOCAL" to the Centers for Disease Control and Prevention (CDC) (see table below for definitions). Region IA (Bernalillo County) reported ILI of greater than 2.5.

## **Laboratory Activity in NM:**

- To date this season, there has been 27 influenza A virus isolates (15 subtyped as H3)\* and 31 influenza B isolates (30 subtyped as Shanghai-like)\* identified by culture at NMDOH Scientific Laboratory Division (SLD). After the first report of culture-confirmed influenza for the season, influenza activity reported to the CDC includes results from influenza rapid testing, fluorescent antibody (DFA) methods, or cultures.
- For the week ending February 26, 2005, 15 clinical laboratories reported performing 597 rapid or DFA tests, of which 61(10.22%) were positive for influenza A, 24(4.02%) were positive for influenza B and 11(1.84%) were indistinguishable<sup>2</sup>.
- Since October 24, 2004, NMDOH has received reports of 243(5.92%) positive influenza A tests, 194(4.72%) positive influenza B tests and 40(0.97%) indistinguishable<sup>2</sup> positive influenza out of 4108 rapid tests performed at 16 clinical laboratories.

#### **Influenza-related Pediatric Mortality**

During the week ending February 19, there were three influenza-related pediatric deaths reported to CDC. A total of nine cases of influenza-associated pediatric death have been reported nationally to CDC from nine states this season (California, Georgia, Maine, Massachusetts, Mississippi, New Jersey, Ohio, Pennsylvania and Vermont). No cases have been reported to the NMDOH.

<sup>\*</sup>These cases may also be counted among the rapid test positive results.

<sup>&</sup>lt;sup>1</sup> Influenza-like Activity (ILI) is defined as Fever (≥ 100°F [37.8° C], oral or equivalent) AND cough and/or sore throat in absence of a KNOWN cause other than influenza.

<sup>&</sup>lt;sup>2</sup> Some rapid influenza tests cannot differentiate between types A and B.

## Flu Activity in the Region

For the week ending February 19 (the most recent data available), influenza activity was reported as "widespread" by Colorado, Montana, Nevada, Texas and Utah and "regional" by Arizona, Idaho, New Mexico and Wyoming. There were 17 reports of influenza A (H3N2) virus, 80 influenza A that were not subtyped and 33 influenza B viruses in the Mountain region (Arizona, Colorado, Idaho, Montana, Nevada, New Mexico, Utah and Wyoming).<sup>4</sup>

### **National Flu Surveillance and Laboratory Activity**

For the week ending February 19, 2005, 910 (20.4 %) of 4,452 specimens tested for influenza viruses were positive. Of these, one was an influenza A (H1N1) virus, 128 were influenza A (H3N2) virus, 594 were influenza A that were not subtyped, and 187 were influenza B viruses. Nationwide 5.7% of patient visits to U.S. sentinel providers were due to influenza-like-illness. Thirty-three states reported widespread activity, 15 states reported regional activity and 2 states reported local activity nationally. More information on national surveillance can be found at <a href="http://www.cdc.gov/flu/weekly/">http://www.cdc.gov/flu/weekly/</a>.

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This information is collected by the Infectious Disease Epidemiology Bureau, Epidemiology Response Division, NMDOH. For questions, please call 505-827-0006. For more information on influenza go to the NMDOH web page: <a href="http://www.health.state.nm.us/flu/">http://www.health.state.nm.us/flu/</a> or the CDC web page: <a href="http://www.cdc.gov/ncidod/diseases/flu/fluvirus.htm">http://www.cdc.gov/ncidod/diseases/flu/fluvirus.htm</a>

<sup>&</sup>lt;sup>4</sup> All data are preliminary and change as more reports are received after the end of the reporting week.

<b>Activity Level</b>	ILI activity*/Outbreaks		Laboratory data
No activity	Low	And	No lab confirmed cases <sup>†</sup>
Sporadic	Not increased	And	Isolated lab-confirmed cases
	OR		
	Not increased	And	Lab confirmed outbreak in one institution <sup>‡</sup>
	Increased ILI in 1 region**;	And	Recent (within the past 3 weeks) lab evidence
	ILI activity in other regions		of influenza in region with increased ILI
	is not increased		
	OR		
Local	2 or more institutional		Recent (within the past 3 weeks) lab evidence
	outbreaks (ILI or lab		of influenza in region with the outbreaks; virus
	confirmed) in 1 region; ILI	And	activity is no greater than sporadic in other
	activity in other regions is		regions
	not increased		
	Increased ILI in ≥2 but less	And	Recent (within the past 3 weeks) lab confirmed
Regional	than half of the regions	Allu	influenza in the affected regions
(doesn't apply	OR		
to states with $\leq 4$	Institutional outbreaks (ILI		Recent (within the past 3 weeks) lab confirmed
regions)	or lab confirmed) in $\geq 2$ and	And	influenza in the affected regions
	less than half of the regions		
Widespread	Increased ILI and/or		Recent (within the past 3 weeks) lab confirmed
	institutional outbreaks (ILI	And	influenza in the state.
	or lab confirmed) in at least		
	half of the regions		

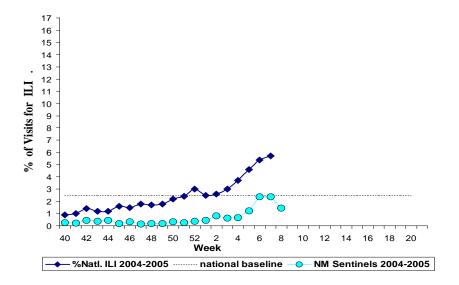
<sup>\*</sup>ILI activity can be assessed using a variety of data sources including sentinel providers, school/workplace absenteeism, and other syndromic surveillance systems that monitor influenza-like illness.

<sup>&</sup>lt;sup>†</sup> Lab confirmed case = case confirmed by rapid diagnostic test, antigen detection, culture, or PCR. Care should be given when relying on results of point of care rapid diagnostic test kits during times when influenza is not circulating widely. The sensitivity and specificity of these tests vary and the predicative value positive may be low outside the time of peak influenza activity. Therefore, a state may wish to obtain laboratory confirmation of influenza by testing methods other than point of care rapid tests for reporting the first laboratory confirmed case of influenza of the season.

<sup>&</sup>lt;sup>‡</sup> Institution includes nursing home, hospital, prison, school, etc.

<sup>\*\*</sup>Region: population under surveillance in a defined geographical subdivision of a state. A region could be comprised of 1 or more counties and would be based on each state's specific circumstances. Depending on the size of the state, the number of regions could range from 2 to approximately 12. The definition of regions would be left to the state but existing state health districts could be used in many states. Allowing states to define regions would avoid somewhat arbitrary county lines and allow states to make divisions that make sense based on geographic population clusters. Focusing on regions larger than counties would also improve the likelihood that data needed for estimating activity would be available.

#### Percentage of Visits for Influenza-like Illness Reported by Sentinel Providers 2004 - 2005



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