

National Youth HIV + AIDS Awareness Day

April 10, 2025 • #NYHAAD2025 #StopHIVTogether

Highlights



Young people aged 15-24 represent **13%** of the United States as of 2023 ¹. In 2022, they ranked 3rd in the number of new human immunodeficiency virus (HIV) cases ².

In 2021, only **81%** of AYA* in the US were **linked to HIV care** compared to other age groups (**83%**). Although they accounted for **19%** of all new HIV cases, only **13%** used PrEP ³.



18% of youth aged 13-24 in New Mexico living with HIV are in stage 3 of the disease ⁴.

As of 2023, young people account for **3% of all HIV cases in New Mexico** ⁴.

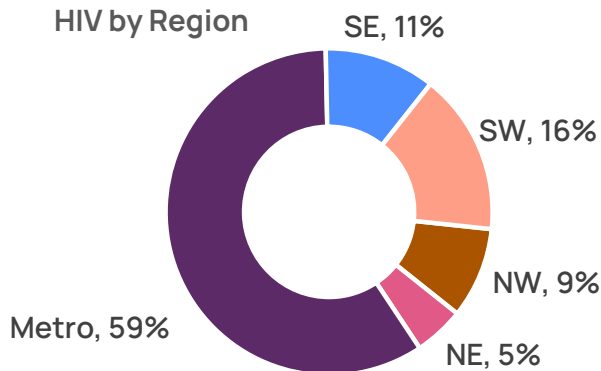


As of 2023, AYA make up **19%** of New Mexico's population. In 2023, youth represented **18%** of new HIV cases.

* The age group 13-24 years is commonly referred to as Adolescents and Young Adults (AYA)

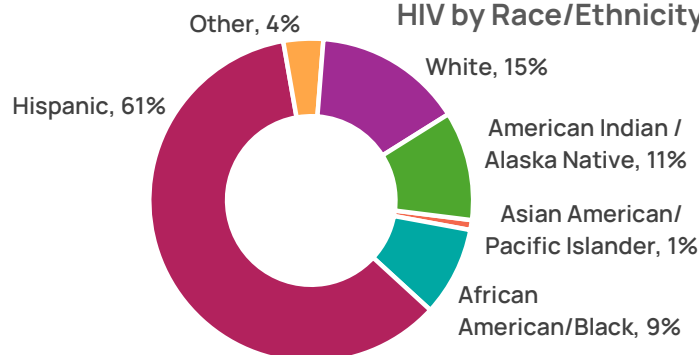
Regions & Race/Ethnicity

NM Youth Living with HIV by Region



In 2023, the Metro and Southwest regions had the highest number of residing youth with HIV. This is followed by the Southeast, Northwest, then Northeast areas of the state.

NM Youth Living with HIV by Race/Ethnicity



As of 2023, Asian American/Pacific Islander youth ages 13-24 are the smallest age group living with HIV in NM (**1%**).



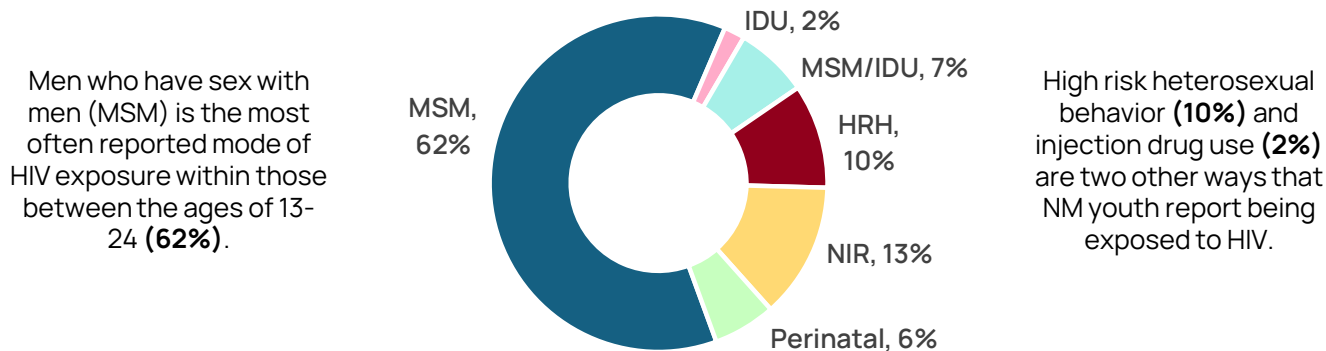
Across New Mexico, young men makeup **84%** of all HIV cases. They also made up most of the new cases in 2023.



Young women represent the remaining **14%** of all HIV cases in 2023.

Mode of Exposure

NM Youth Living with HIV
by Mode of Exposure, 2023



Prevention

Contact the
NMDOH Nursing Helpline
1-833-SWNURSE
(1-833-796-8773)

To Access PrEP

OR

Visit
Project SPICY
to find PrEP
at a location
near you



The New Mexico Department of Health (NMDOH) HIV Prevention Program has highlighted the need for enhanced and expanded HIV prevention efforts that are culturally specific and target the adolescent and young adult community. Programs should be tailored to varying groups across the state, including new immigrants, non-English speakers, and region of residence.

Prevention Funds will support these activities in 2025:

- 1 Funding events in various locations around the state to educate and raise awareness of HIV in New Mexico, highlighting adolescent and young adult populations most at risk.
- 2 Partnership with Teen MPower to **continue HIV and syphilis testing** for adolescents, as well as collaboration with the Common Bond U21 group to test their LGBTQ youth group once a month.
- 3 Using the Social Network Strategy for HIV Testing Recruitment, HIV Prevention contractors are **recruiting young Latinx MSM (men who have sex with men) and Black MSM to increase HIV testing and linkage to care** within their communities.
- 4 Continuing to offer PrEP to the community at **no cost to participants**.

References

1. U.S. Census Bureau, U.S. Department of Commerce. "Age and Sex." *American Community Survey, ACS 1-Year Estimates Subject Tables, Table S0101, 2023*, <https://data.census.gov/table/ACSST1Y2023.S0101?t=Age+and+Sex&y=2023>. March 24, 2025.
2. AIDSvu, National Dataset 2021, PrEP Datasets 2021, <https://aidsvu.org/resources/#/datasets>. March 28, 2025
3. New Mexico Population Estimates. Retrieved on March 20, 2025 from New Mexico Department of Health, Indicator-Based Information System for Public Health website: <https://ibis.doh.nm.gov/>
4. eHARS (Enhanced HIV/AIDS Reporting System) document and person data set 2023. New Mexico Department of Health. March 25, 2025.

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