

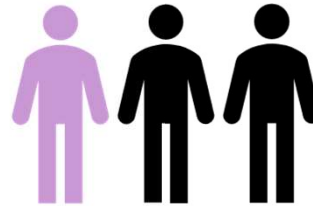
# National HIV Testing Day

June 27, 2025

## Highlights



In 2024, **12,245** HIV tests were administered in NM by NMHealth-partnered testing sites. This is a **26% increase**, when compared to 2023 (9706 tests)<sup>2</sup>.



Of those that tested positive in 2024 at a NMHealth-partnered site, **73%** were linked to care within 90 days<sup>2</sup>.

First observed on June 27, 1995, National HIV Testing Day (#NHTD) is observed to link people to testing, care, and treatment<sup>1</sup>.



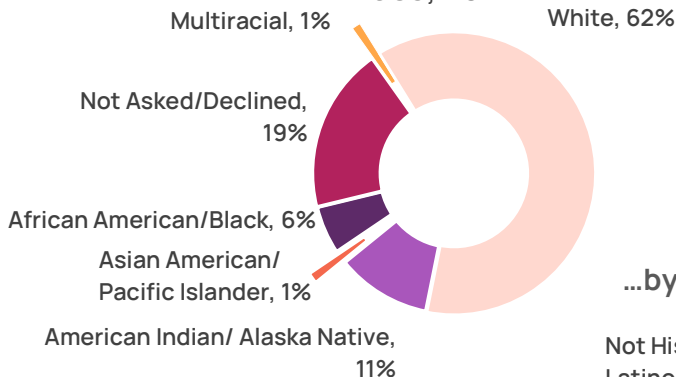
As of 2022, only about **one out of three** adults in the US (**36%**) have ever been tested for HIV<sup>3</sup>.

Of those in the US living with HIV, **1 in 8 people** are not aware of their status<sup>3</sup>.



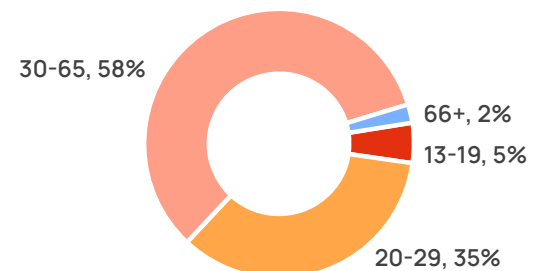
## Race/Ethnicity

HIV Testing at NMHealth Partner Sites by Race, 2024



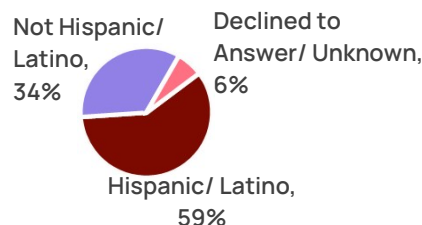
In 2024, the majority of those tested for HIV by NMHealth partner sites were White (**62%**).

HIV Testing at NMHealth Partner Sites by Age Group, 2024



The largest age category tested for HIV by NMHealth in 2024 was 30-65 years old (**58%**), followed by those 20-29 years old (**35%**).

...by Ethnicity, 2024



Ethnicity is sampled separately, and found over half of those tested in 2024 identified as Hispanic/Latino (**59%**)

## In 2024...



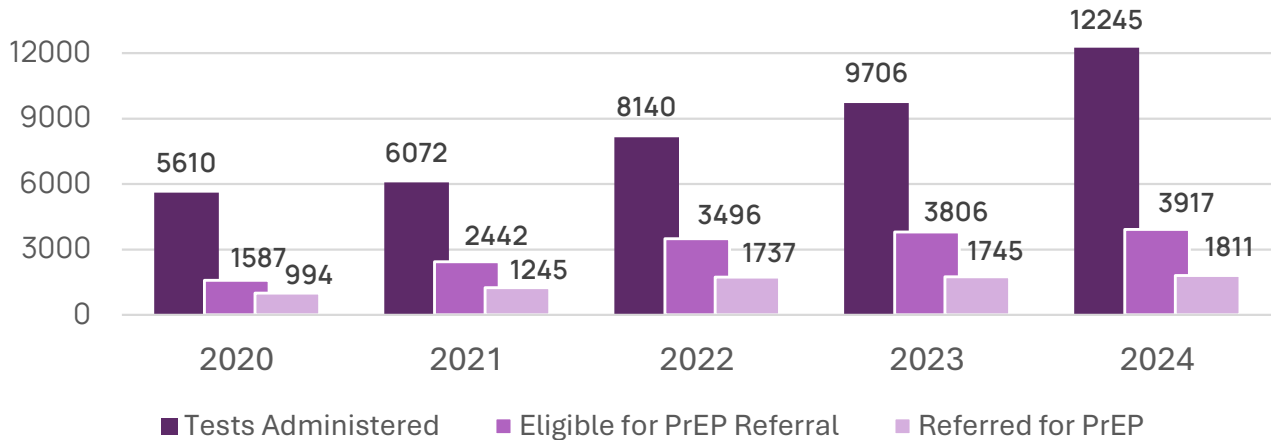
60% of people tested for HIV at NMHealth partner sites were male.



36% of people tested at NMHealth partner sites were female.

## Testing Trends

### 5 Year HIV Testing and PrEP Referral by NMHealth Partner Sites, 2020-2024



HIV testing has consistently increased in NM, with an average growth of **22% per year** when measured across 2020-2024.

There are still opportunities to link those who test negative for HIV to PrEP and other prevention services. An average of **18.5%** of those tested from 2020-2024 were referred for PrEP.

## Services & Prevention

### To Access Testing

Contact the  
NMDOH Nursing Helpline  
1-833-SWNURSE  
(1-833-796-8773)

OR

Visit  
NM HIV Guide  
to find a Testing Site  
near you



**NMHealth HIV Prevention Program** helps to plan, fund, and evaluate HIV prevention interventions for at-risk populations across New Mexico. This includes quarterly meetings of the statewide HIV Prevention **Community Planning and Action Group (CPAG)**, and accessible testing like **At-Home Testing with CDC's Take Me Home Program**.

### It's important to know your status.

If someone tests positive, they can start taking medicine to treat HIV and increase their health.  
If someone tests negative, there are additional prevention tools, such as Pre-Exposure Prophylaxis (PrEP), they can take to prevent HIV.

**The CDC recommends that everyone ages 13-64 get tested for HIV at least once in their lives.**

#### References

1. National HIV Testing Day #HIVTestingDay, "HIV.gov, 2022, [www.hiv.gov/events/awareness-days/hiv-testing-day](http://www.hiv.gov/events/awareness-days/hiv-testing-day). May 26, 2025.
2. HIV Testing Snapshot, 2020-2024. NMHealth HIV Prevention Program. March 23, 2025.
3. AIDSVu, National Dataset 2021, PrEP Datasets 2021, <https://aidsvu.org/resources/#/datasets>. March 28, 2025
4. AIDSVu. "Deeper Look: HIV Testing." AIDSVu, 7 Apr. 2025, [aidsvu.org/resources/deeper-look/hiv-testing/](https://aidsvu.org/resources/deeper-look/hiv-testing/). May 29 2025.

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