

# LGBTQ Pride HIV Awareness Day

June 29, 2025

## Highlights



Nationally, while MSM attributes to most HIV infection among the LGBTQ+ community, women across all orientations account for **18% of all new HIV infection** in 2022<sup>1</sup>.



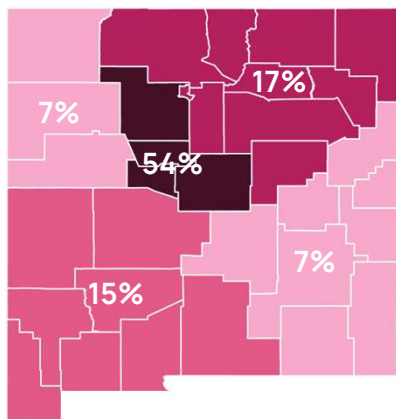
As of 2023, MSM accounts for **54% of all 4139 individuals living with HIV** in New Mexico. Those who has sexual contact with both men and women make up **17%**. And those who only has heterosexual contact constitutes **21%** of the group<sup>3</sup>.

In 2022, gay, bisexual, and other men who have sex with men (MSM) accounts for **67%** of all **31,800 new HIV diagnoses** in the US. Heterosexual contact accounts for **22%** across the country<sup>1</sup>.

Within New Mexico in 2023, **49% of the 177 new HIV diagnoses** are from MSM. This is followed by those who has heterosexual contact only (**19%**), and those who has sexual contact with both men and women (**18%**)<sup>3</sup>.

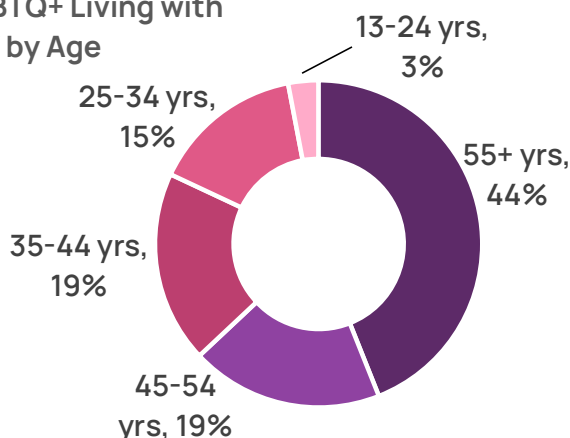
- Due to data limitations and low numbers in NM, info on some marginalized populations within the LGBTQ community were combined or omitted to preserve anonymity and provide protection. NM numbers are likely to be an underestimation because of these gaps.

## Across New Mexico



In 2023, the Metro and Northeast regions has the highest number of HIV cases among the LGBTQ+ community. This is followed by the Southwest, Northwest, then Southeast areas of the state<sup>3</sup>.

LGBTQ+ Living with HIV by Age



By age, those 55+ are the largest age group living with HIV (44%). Among those aged 55+, MSM make up 76% of the group in 2023<sup>3</sup>.

As of 2023, LGBTQ+ individuals aged 13-24 constitutes the smallest age group living with HIV (3%)<sup>3</sup>.



Within the LGBTQ+ communities, men across all orientations made up **99%** of all HIV cases. They also make up **98%** of the new cases in 2023<sup>3</sup>.



Within the LGBTQ+ communities, women across all orientations represent **1%** of all HIV cases and **2%** of new cases in 2023<sup>3</sup>.

## How HIV Spreads

As of 2023, MSM is the most reported way in how HIV was transmitted (85%) in New Mexico<sup>3</sup>.



Injection drug use (IDU) ranks 2<sup>nd</sup> in the most common ways that HIV is spread in New Mexico<sup>3</sup>.

## FINDING CARE & STRATEGIES TO KEEPING HEALTHY

For HIV services, please follow the QR codes for more information:



For enrollment into a HIV service provider, please contact one of the following locations:



1

**Supporting Awareness Events:** Funding LGBTQ+ Pride HIV/AIDS Awareness Day (June 29) and other community events throughout New Mexico to educate and raise awareness about HIV.

2

**Expanding Testing Access:** Partnering with LGBTQ+ serving organizations to establish HIV and syphilis testing for communities most affected by HIV.

3

**Connecting People to Care:** Using the Social Network Strategy to reach and support young LGBTQ+ MSM to increase HIV testing and linkage to care within their communities.

4

**Building Stronger Connections:** Engaging community members through outreach, group activities, and one on one support. Programs follow a CDC guided, data driven approach.

5

**Offering Free HIV Prevention Medication:** Continuing to provide Pre-Exposure Prophylaxis (PrEP, a medication to stop HIV infection) at no cost to prevent HIV in the LGBTQ+ communities.

### References

1. CDC. Fast Facts: HIV in the United States. <https://www.cdc.gov/hiv/data-research/facts-stats/index.html>. May 28, 2025.
2. New Mexico Population Estimates. Retrieved on February 17, 2025 from New Mexico Department of Health, Indicator-Based Information System for Public Health website: <https://ibis.doh.nm.gov/>
3. eHARS (Enhanced HIV/AIDS Reporting System) document and person data set 2023. New Mexico Department of Health. February 17, 2025.

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