

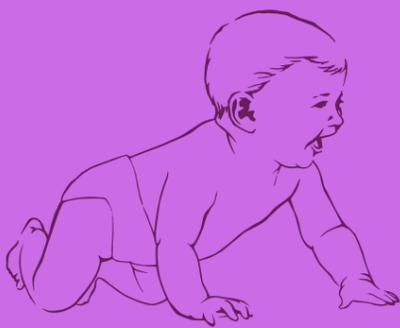
PREMATURITY AWARENESS NM PRAMS

NEW MEXICO PREGNANCY RISK ASSESSMENT MONITORING SYSTEM

Contact us



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1 out of 9.7 babies
were born
prematurely in New
Mexico in 2017-2019

*Reflects singleton births



Age is strongly associated with preterm birth, and nearly twice as many birthing persons 35 years and up had a preterm infant, compared to those ages 15-34 years (2017-2019, p-value <.0001).



In 2019, New Mexico ranked #24 in the nation in premature births

https://www.cdc.gov/nchs/pressroom/sosmap/preterm_births/preterm.html

Among NM people who smoked cigarettes during pregnancy, 14.6% had a premature infant



A baby is born premature when they are born before 37 weeks of gestation



March of Dimes Resource

<https://www.marchofdimes.org/prematurity-awareness-month.aspx>

Risk Factors

- Smoking tobacco
- Inadequate Prenatal Care
- Stress
- Prior Preterm Birth
- Physical Violence

NM PRAMS

More information:

https://ibis.health.state.nm.us/query/selection/prams/_PRAMSSelection.html