

Black Maternal Health Week

The New Mexico Department of Health recognizes the leadership and importance of **Black Birth workers** in our state. This week we celebrate **Black Maternal Health Week 2023** by uplifting the work led by Black women and mothers in New Mexico to improve birth outcomes. We **salute** these women's work through culturally-congruent practices that focus on Black Midwifery care and full-spectrum Black-led Doula care as sound, **evidence-based** solutions.

Black women in New Mexico are making a difference in our perinatal landscape.



Contact Us:

<https://www.blackhealthnewmexico.com>



Meet Some of New Mexico's Black Birth Workers

Tauz TamuPovi PCHW, CLC, LMT

Tintawi Kaigziabiher, CD, CLC, Child Birth International
Trainer

Jazzy Lamboy, Birth Doula and Childbirth Educator

Condola Garrett RN, BSN, IBCLC

Nandi Andrea Hill: Certified Professional Midwife

Daijah Smith: Full Spectrum Doula

Donyelle Miller: Certified Nurse Midwife, IBCLC,
Psychiatric Nurse Practitioner, RN



Fast Facts



- Black Birthing people with prenatal doula or midwife support were significantly more likely to breast/chest feed more than eight weeks compared to those without.
- There was a 5% increase in breast/chest feeding initiation among Black birthing people from 2011-2015 to 2016-2020.
- Fifteen percent of Black birthing people had prenatal or doula support from 2016-2020

Source: Pregnancy Risk Assessment Monitoring System