

### **3.0**

## **FORMULARY LIST FOR USE IN FAMILY PLANNING: for Public Health Offices**

Please note: this section does not include the all-inclusive NMDOH Public Health Office pharmacy formulary. That document can be found on CHILEnet on the Pharmacy page, at: [Pharmacy \(sharepoint.com\)](#)

#### **Barrier and chemical methods**

Contraceptive gel with applicator  
Female condom  
Male condom lubricated  
Vaginal spermicidal film

#### **Emergency contraception**

Levonorgestrel 1.5 mg  
Ulipristal Acetate/ella 30mg

#### **Fertility awareness**

Cycle Beads  
Ovulation Thermometer

#### **Injected method**

Depo-Provera (Medroxyprogesterone Acetate) Inj  
150 mg/ml.  
Depo-Provera Sub-Q 104mg/0.65mg

#### **Inserted - Client**

Vaginal Contraceptive Ring

#### **Inserted - Clinician**

Contraceptive Implant 68mg  
Levonorgestrel IUD 52mg  
ParaGard T380A IUD

#### **Oral contraceptives**

Listed in Table on the following pages

#### **By Prescription**

The primary purpose of a family planning clinician is to provide contraceptive services to essentially healthy people, NOT to be the primary care agent.

If a client needs treatment by a non-contraceptive medication not stocked by the PHD Pharmacy, they may purchase it at their own expense through a prescription written by a duly licensed clinician.

Prescriptions for contraceptive methods should only be sent to a pharmacy if this is preferable to the client.

The pharmacy provides single copies of current drug monographs for nurses to copy that contain client information about the drug being dispensed. They are to be given with all prescription drugs dispensed as mandated by the New Mexico Board of Pharmacy.

Title X service sites that are unable to provide clients with access to a broad range of acceptable and effective medically approved family planning methods and services, must be able to provide a prescription to the client for their method of choice or referrals to another provider, as requested. (42 CFR § 59.5(a)(1))

## Oral Contraceptive Formulary Table

ESTROGEN CONTENT	ESTRANE	GONANE
<b>POP</b> Progestin Only Pill	<b>NORETHINDRONE</b> 0.35 mg norethindrone  <b>Brand Names:</b> <u>Norethindrone</u> , Camila, Errin, Heather, Jolivette, Micronor, Nor-QD, Nora-BE	
<b>20 MCG EE</b>	<b>NORETHINDRONE</b> 1 mg norethindrone / 20 mcg EE  <b>Brand Names:</b> <u>Blisovi Fe 1/20</u> , Gildess FE 1/20, Junel Fe 1/20, Loestrin FE 1/20, Microgestin Fe 1/20, <u>Aurovela FE 1/20</u>	<b>LEVONORGESTREL</b> 0.1 mg levonorgestrel/20 mcg EE  <b>Brand Names:</b> <u>Vienva</u> , Aviane, Lessina, Lutera, Orsythia, Sronyx
<b>25 MCG EE</b>		<b>TRIPHASIC-NORGESTIMATE</b> 7 D 0.18 mg norgestimate/25 mcg EE 7 D 0.215 mg norgestimate/25 mcg EE 7 D 0.25 mg norgestimate/25 mcg EE 7 D placebo  <b>Brand Names:</b> <u>Tri-Lo-Estarylla</u> , Tri-Lo-Marzia, Ortho-Tri-Cyclen Lo
<b>30 MCG EE</b>	<b>NORETHINDRONE</b> 1.5 mg Norethindrone / 30 mcg EE  <b>Brand Names:</b> <u>Microgestin FE</u> <u>1.5/30</u> , Blisovi FE 1.5/30, Gildess FE 1.5/30, Junel FE 1.5/30, Loestrin FE 1.5/30, Aurovela FE 1.5/30	<b>LEVONORGESTREL</b> 0.15 mg levonorgestrel/30 mcg EE  <b>Brand Names:</b> <u>Kurvelo</u> , Altavera, Levora, Nordette, Portia, Seasonale, Seasonique
<b>35 MCG EE</b>		<b>NORGESTIMATE</b> 0.25 mg norgestimate / 35 mcg EE  <b>Brand Names:</b> <u>Mili</u> , Estarylla, MonoNessa, Ortho-Cyclen, Previfem, Sprintec

Hormone contents in the oral contraceptive pills (OCPs) may include:

1. **Progestin:** two derivatives
  - a. **Estrane** (“Thin/Thyn” in the name) – Norethindrone is the active form.
  - b. **Gonane** (“Gest” in the name) – Levonorgestrel, Norgestimate (which active form is also levonorgestrel but has less androgenic activity)
  
2. **Estrogen:** ETHINYL ESTRADIOL (EE) – In this table, OCPs are listed in incremental EE dosage from zero to 35 mcg. Higher EE dose helps with **breakthrough bleeding and spotting in early cycle**.

OCPs with underlined names are Title X preferred brands.