



*Investing for tomorrow, delivering today.*

# OSAH Updates

# Living History



# Health Providers and Educators Adapted



# And Adapted....



# And Adapted





# Gratitude







# What Next

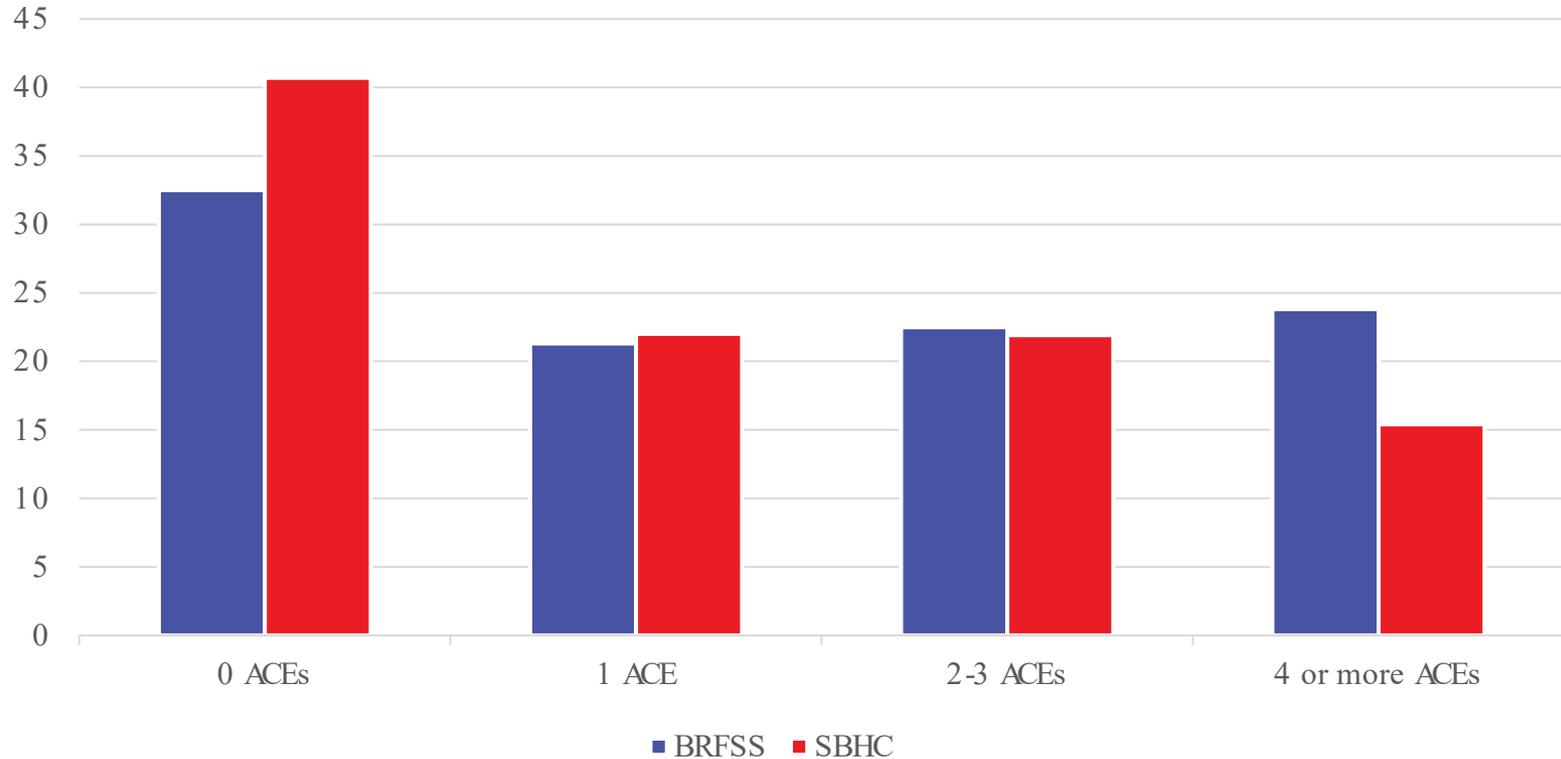
- What's new and worth keeping?
  - Strong interagency partnerships and collaborations
  - Sharing of best practices
  - Alternative methods of providing care, i.e., telehealth and mobile
- What's old that we need to charge full speed ahead with?
  - Comprehensive risk screening – Just Health – *for every student*
    - We have to take the time to ask the hard questions so we know how to help students recover from the pandemic

# ACEs Identified in Comprehensive Risk Screening

Number of responses= 4571	Yes	Percent
<b>Risk Factors</b>		
Unstable housing	201	4.4
Depression/ Anxiety	1606	35.1
Food Insecurity	431	9.4
Problems at Home	625	13.7
Problems at School	1113	24.3
Have Experienced Physical, Emotional or Sexual Abuse	757	16.6
Feel Afraid, Threatened or Hurt	372	8.1
Carry a Weapon for Protection	758	16.6
Have Spent a Night in Jail or a Detention Center	149	3.3
Have Been in Foster Care, a Group Home or Homeless	320	7
Ever Attempted Suicide	760	16.6

# ACEs in SBHC vs. BRFSS Report

[NME-20210614-BRFSSResults.pub \(nmhealth.org\)](https://www.nmhealth.org/nme-20210614-brfssresults.pub)





# Telehealth Hub and Spoke

- Broadband access and infrastructure are increasingly considered social determinants of health and a health equity issue.
- Can provide services for children from several communities per day.
- Can connect with specialty services mostly available in Albuquerque, Santa Fe or Las Cruces.
- Support school health teams and schools without school nurses.



# Mobile Health

- More effective for visits that need to be hands on.
- Can provide services for several communities per week.
- SBHC-linked mobile clinics can provide:
  - Dental check-ups
  - Immunizations
  - Follow-up for chronic conditions
  - Administration of Depo shots
  - Well-visits and sports physicals
  - Behavioral health care



# Include More Elementary Schools and Pre-K

- Parents are more engaged.
- Better opportunity to assess the family situation and connect with resources.



# Moving Forward

- Increase access to primary care and behavioral health for younger children and in rural and frontier communities.
- Continue to improve reporting of data and the tools used to collect it.
- Walk the talk regarding SBHC impact on academics with new data project with the Public Education Department.

# Guidance

- Telehealth start up and guidance document
- Working on updated guidance on starting a SBHC that can be used by schools/ districts or community medical providers interested in starting a SBHC and guide SBHC start-up mini-grants
- Redesigning SBHC certification
  - Working with BH Collaborative, HSD, BHSD and PED
    - Streamline the process for SBHC receiving OSAH funding and those not
    - Looking into rolling funding cycles and multi-service certification process
  - Estimated date of completion is January 2023



# Training Resources

- Train Me OSAH
  - [About the NMDOH OSAH – Office of School and Adolescent Health Training Portal \(trainmeosah.com\)](https://trainmeosah.com)
    - In person (currently virtual)
      - QPR Gatekeeper and instructor
      - Youth Mental Health 1<sup>st</sup> Aid and instructor
      - Teen Mental Health 1<sup>st</sup> Aid
      - Non-Violent Crisis Intervention
      - Trauma Sensitive Schools
    - On-Demand
      - CALM – Counseling on Access to Suicidal Means
      - CSS-RS – Colombia Suicide Protocol
- SBHC ECHO
  - [ECHO for School Based Health Centers - Home Page \(padlet.com\)](https://padlet.com)