



Investing for tomorrow, delivering today.

New Mexico SBHC – Moving Past COVID and Emerging Stronger

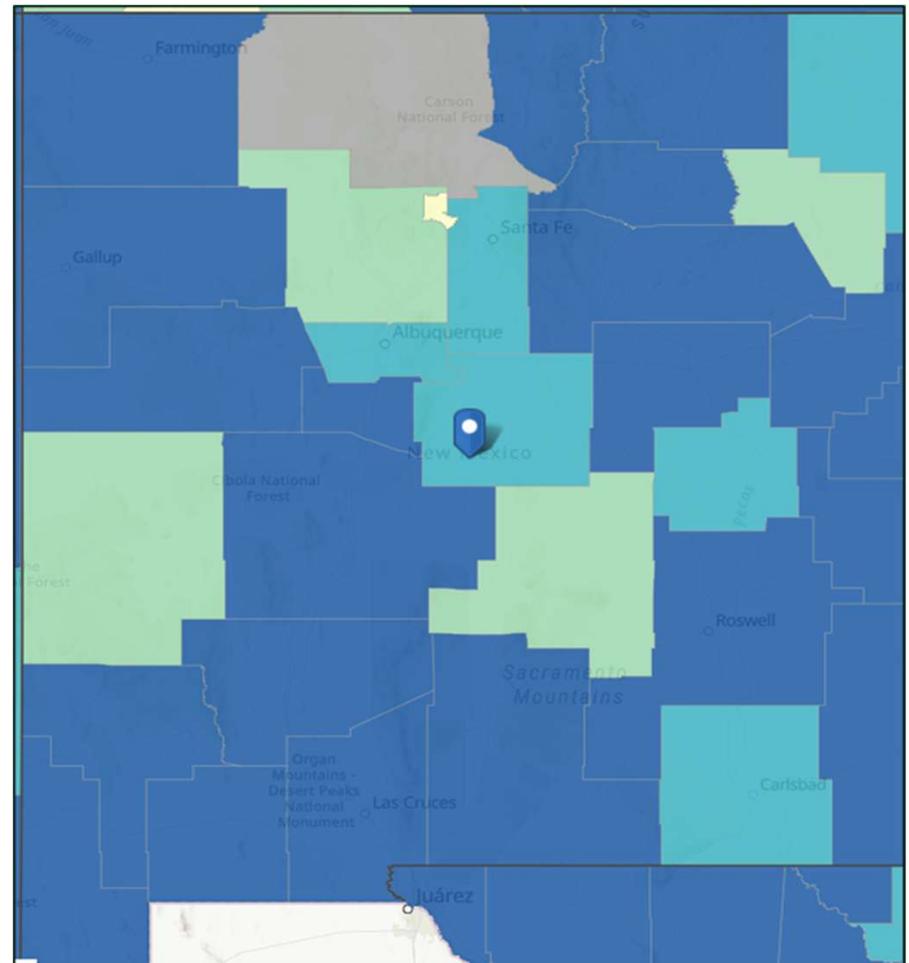
Kristin Oreskovich, DNP, CPNP

SBHC Clinical Operations Manager

Office of School and Adolescent Health

Social Vulnerability

- The degree to which a community exhibits certain social conditions, including high poverty, low percentage of vehicle access, or crowded households, may affect that community's ability to prevent human suffering and financial loss in the event of disaster.
(SVI2018Documentation_01192022_1.pdf (cdc.gov))

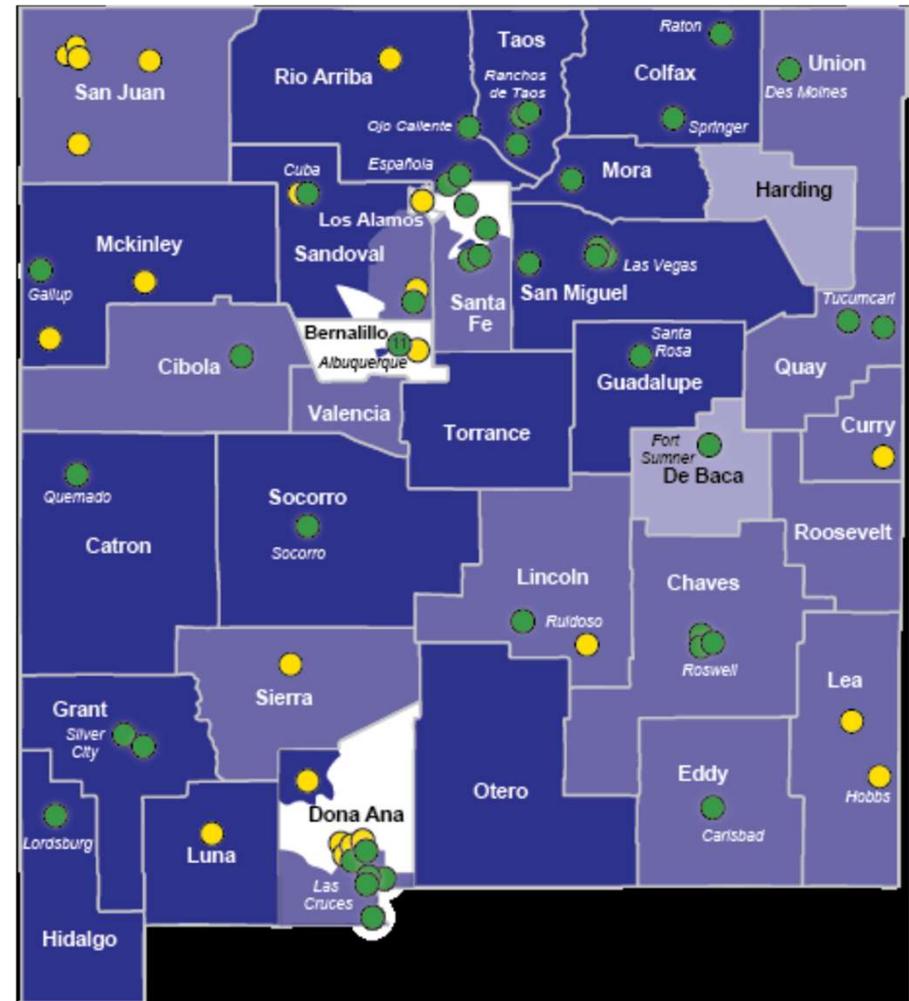


- High vulnerability
- Moderate to high vulnerability
- Moderate vulnerability
- Low Vulnerability

Health Professional Shortages

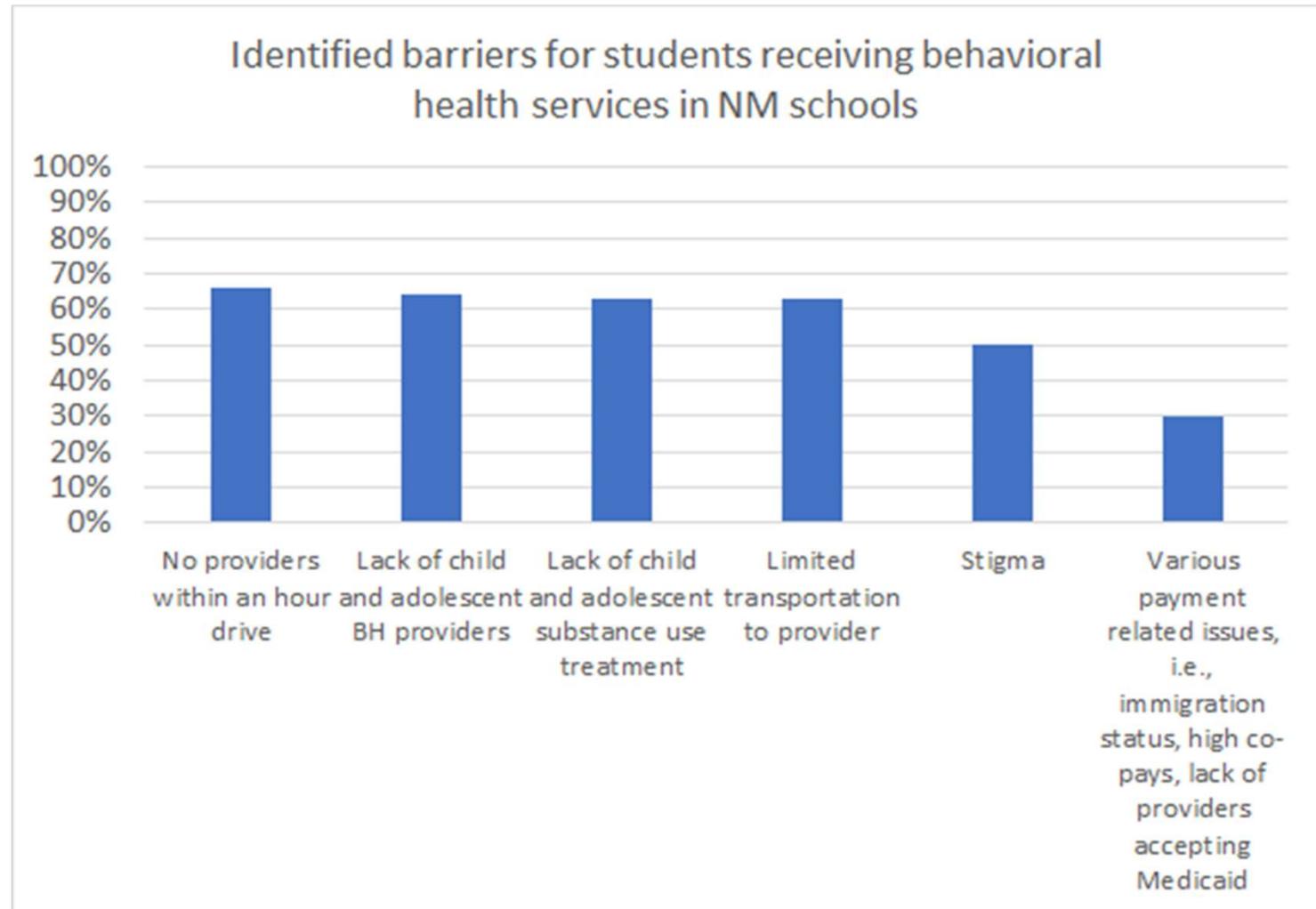
- SBHCs are located in areas of the state with the least access to health care, as indicated by the Primary Care Health Professional Shortage Area (HPSA) score. Most counties with extreme shortage (dark purple) have at least one SBHC

- Extreme Shortage
- Moderate Shortage
- Some Shortage
- OSAH funds
- No OSAH funds



Challenges Meeting BH Needs in Schools

- 2020 Inventory of behavioral health services in NM schools
- 63% of districts statewide responded



SBHCs: Behavioral Health Focus

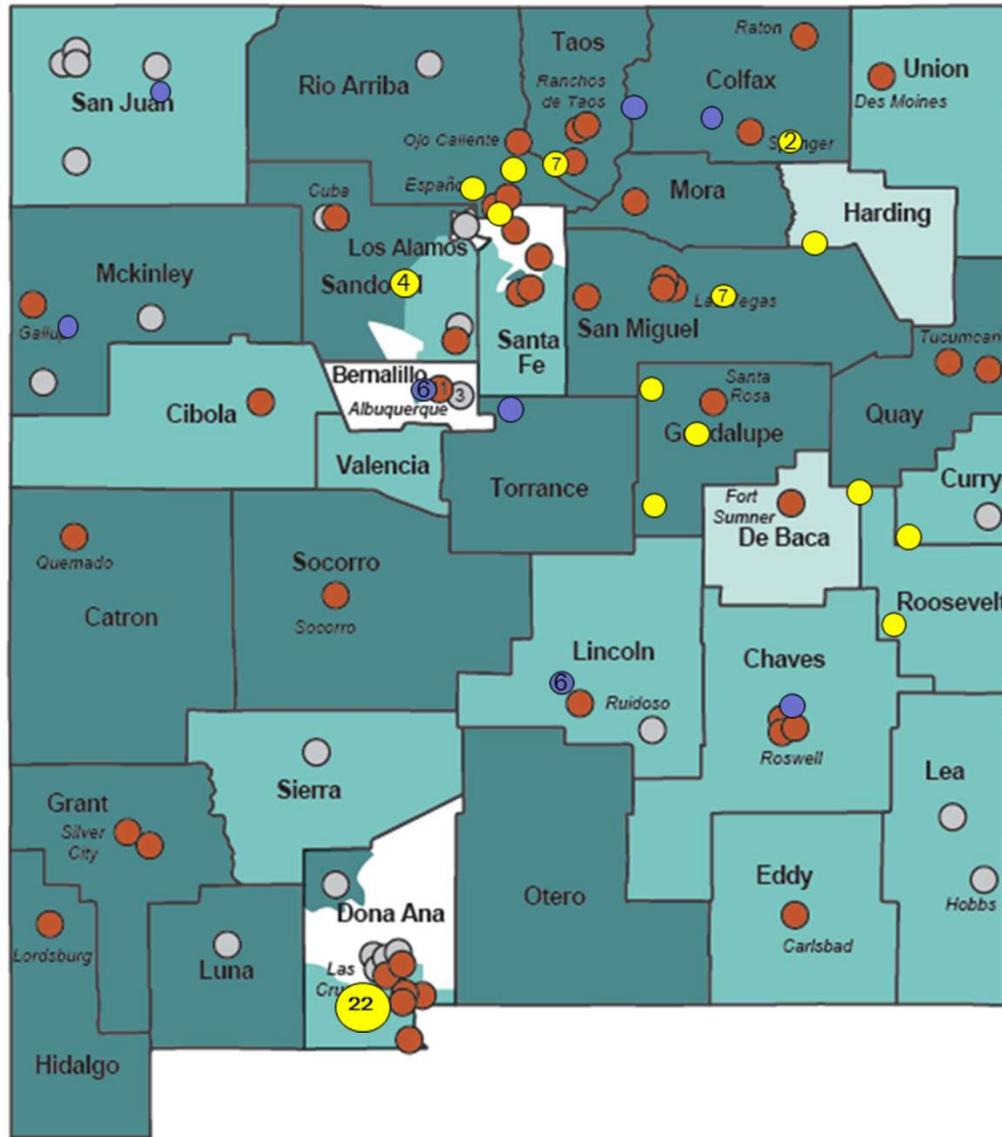
At present, SBHCs are especially focused on behavioral health for patients, due to concerns about trauma, grief/loss, suicide risk and school closure disengagement.

	SY 19-20	SY 21-22
Problems at Home	14%	10%
Problems at School	24%	17%
Feel anxious/on edge	50%	56%
Can't stop worrying	31%	46%
Feel down, depressed, hopeless	38%	42%
Less enjoyment/interest	42%	45%
Having difficulties from anxiety	81%	83%
Better off dead/hurt self	34%	43%
Difficulties with life	73%	83%
Thought of ending life	8%	9%
Hurt self on purpose	17%	18%

Moving Forward

- Strong interagency partnerships and collaborations
- Comprehensive risk screening
- Increase and sustain telehealth hub and spoke
- Mobile health
- Expand to more elementary and pre-K schools
- Train Me OSAH [About the NMDOH OSAH – Office of School and Adolescent Health Training Portal \(trainmeosah.com\)](https://trainmeosah.com)
- SBHC ECHO [ECHO for School Based Health Centers - Home Page \(padlet.com\)](https://padlet.com)
- Data collection and evaluation

Providing Care in Underserved Communities ¹



Primary Care Provider Shortage



¹ 32 out of 33 counties are also designated Mental Health Professional Shortage Areas.

- Does not meet the criteria for HPSA designation
- OSAH-funded SBHCs
- non-OSAH-funded SBHCs
- SBHC planning grant
- Telehealth mobile expansion

Telehealth Hub and Spoke

- Broadband access and infrastructure are increasingly considered social determinants of health and a health equity issue.
- Can provide services for children from several communities per day.
- Can connect with specialty services mostly available in Albuquerque, Santa Fe or Las Cruces.
- Support school health teams and schools without school nurses.

Include More Elementary Schools and Pre-K

- Parents are more engaged.
- Better opportunity to assess the family situation and connect with resources.